

CrossFit®

LEVEL 1
TRAINER
(CF-OL1)

THIS ONLINE LEVEL 1 TRAINER CERTIFICATE IS AWARDED TO

January
31st
2024

MARIA AVGEROU

WHO HAS FULFILLED THE REQUIREMENTS AND COMPLETED THE PRESCRIBED COURSE OF STUDY OF
CROSSFIT'S FOUNDATIONAL MOVEMENTS AND METHODOLOGY
VIA THE CROSSFIT ONLINE LEVEL 1 COURSE.

THIS CERTIFICATE GRANTS THE DISTINCTION OF CROSSFIT LEVEL 1 TRAINER (CF-OL1).



Nicole Carroll
General Manager
CrossFit Training and Education



VALID FOR THREE YEARS
FROM DATE OF ISSUE

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